

Adrian's Packing List for Europe

Introduction

This packing list is designed to help you prepare for your European adventure. Whether you're visiting in summer or winter, this list will help you pack light and efficiently.

Use this guide to keep your luggage manageable while ensuring you have everything you need for a comfortable and enjoyable trip.



Packing List

Essentials

- Passport
- Smartphone and charger (with European plug adapter)
- Credit cards (Visa or Mastercard)
- Travel Itinerary and vouchers/tickets (if you have paper versions)
- Driver's License and International Driver's License
- Travel Insurance Details
- Important Contacts Information
- Copies of Important Documents
- A small amount of Local Currency or Euros - Use ATMs in Europe its cheaper
- Medications (if necessary)

Shoes

- Summer: One pair of sandals or preferred summer footwear
- Summer: One pair of great walking shoes for all year round
- Winter: One pair of waterproof solid shoes
- Winter: One pair of great walking shoes

Clothing for a Week

- 3-4 t-shirts blouses or shirts (city smart but not formal)
- 3 bottoms: mix of long pants leggings skirt or shorts (depending on the season)
- 1 light jacket in summer; 1 sweater and 1 heavy jacket in winter
- 1 pair of underwear per day
- 1 pair of socks per day
- Minimal accessories; 1 belt
- Hat scarf and gloves (warm but not bulky) in winter

Clothing for Two Weeks

- Add 2 more tops (total of 5-6)
- Enough underwear for each day (consider laundry options for longer stays)
- Larger luggage for two weeks; find local laundry service or use hotel's facilities

Toiletries

- Toothbrush & toothpaste
- Shampoo & conditioner (travel-sized)
- Soap or body wash (travel-sized)
- Deodorant
- Comb or brush
- Razor or shaving kit (if needed)
- Moisturizer or lotion (travel-sized)
- Grooming essentials (minimal makeup or shaving supplies hair ties)
- Any necessary prescription medications
- Small first aid kit (band-aids, pain relievers, blister bandages)
- Sunscreen (especially in summer)
- Travel-sized hand sanitizer
- Feminine hygiene products (if needed)

Miscellaneous

- E-reader or tablet
- Travel pillow (for long flights or train rides)
- Reusable water bottle (tap water in Europe is very good quality)
- Sunglasses and sun hat/shawl
- Travel towel (for beaches or pools if you aren't in a resort)

Packing Tips

Pack light to make traveling easier and more enjoyable.

Layer your clothing to adapt to different weather conditions without carrying bulky items

Bring Multi-purpose items

- a sarong can serve as a beach towel or a skirt for churches or a light shawl for cooler evenings
- a versatile pair of shoes that can be worn everywhere can help save space in your luggage.

Attention

This packing list is a general guide. It should be used as a starting point for your needs. Adjust it based on the season, style of travel, and personal preferences.

This list isn't exhaustive, and you are free to carry additional items, though they might not be used. Packing light will help you move around more easily and enjoy your travel experience to the fullest. Also you will be doing fun stuff and won't have time or need of much else.

More travel information at aidotours.com

Happy Travels

Adrian

